



## **WESTGATE HOUSE NURSING HOME**

### **BROCHURE**

2014 Edition



### About Westgate House

Westgate House is an outstanding example of a resident centred Nursing Home that specialises in the care of adults from the age of 40 years old, suffering with mental illness and early & late onset dementia.

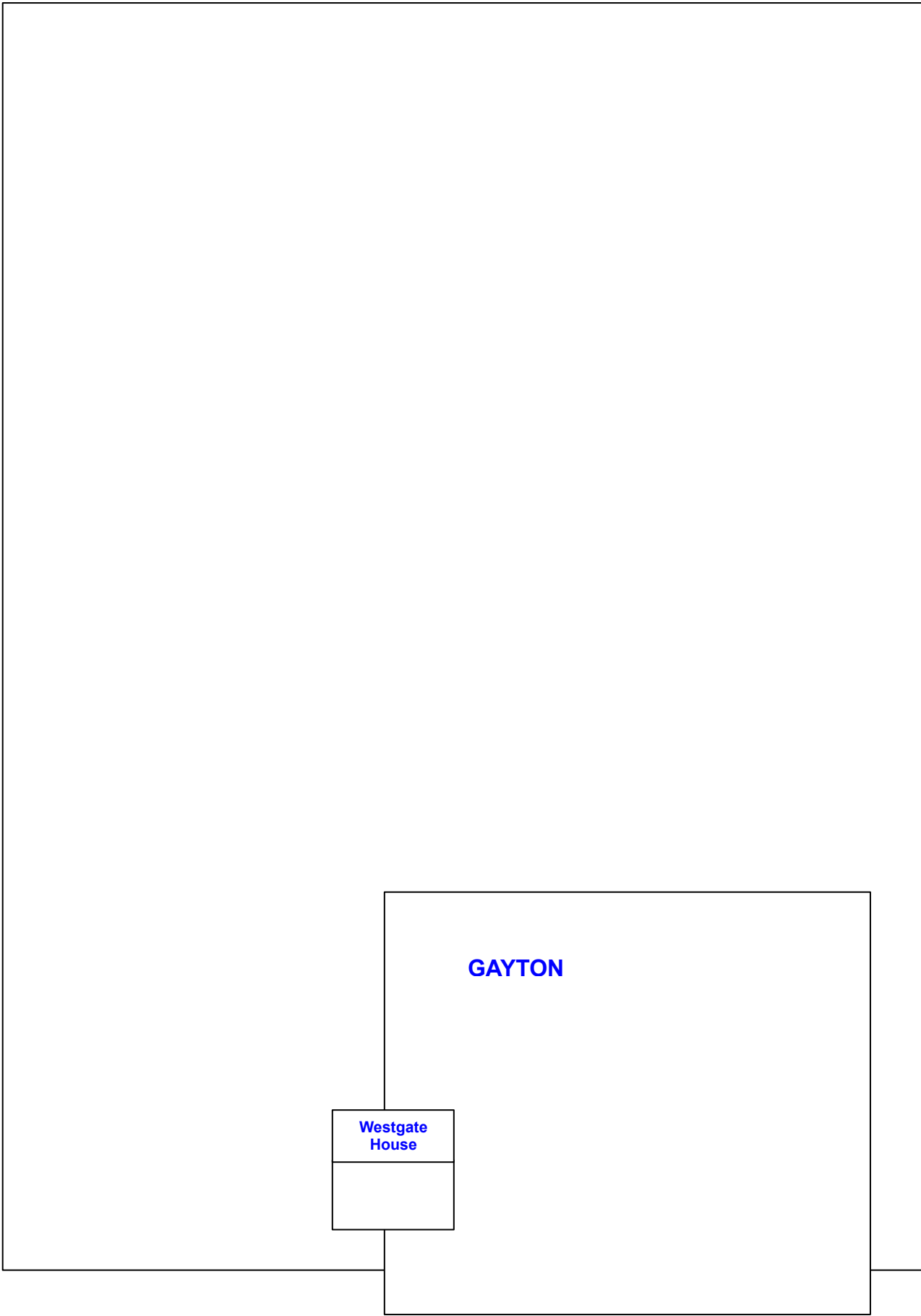
We try to make Westgate House comfortable and homely. The dignity and independence of each resident is uppermost in the philosophy of care. People may come and go as they please within certain safety considerations. Ours is a truly 'open door' policy.

For the resident's safety, we have a Nurse Call system in all rooms and a Fire Alarm System throughout the building. There are also Registered Nurses on duty 24 hours a day. Medical services are available through the local General Practitioner. All residents retain their National Health Service rights.



### Location

Westgate House is situated on the outskirts of the village of Gayton amidst the beautiful South Northamptonshire countryside. It is some six miles south of the county town of Northampton, and about four miles north of the historic town of Towcester.



[Accommodation, Activities & Services](#)

Because we cater for a wide range of cognitive and physical abilities we have a range of rooms specifically designed to meet the needs of these patients. At one end of the spectrum we have single rooms with en-suite facilities, at the other extreme we have high dependency rooms which are fitted out accordingly. All rooms are fully furnished some with TV sets but patients may bring their own personal items, on consultation, to make their room feel more homely.

The majority of bedrooms are on the ground floor and there is a lift to the rooms on the first floor. The ground floor is very spacious with various seating areas. Included in these are a large Dining room, a TV room and quiet area with a bar named 'Ted's Tavern'.

Other facilities include a small hairdressing salon and assisted bathroom and shower room.

We have the following medical, spiritual and social facilities: -

- ❖ Weekly scheduled visits by the local doctor
- ❖ Monthly visit from Chiropodist
- ❖ Dental Treatment arranged where necessary
- ❖ Regular visits from Eye Specialists
- ❖ Regular contact with the Tissue Viability Nurse
- ❖ A hairdresser comes in every week
- ❖ A group travel to the local MIND group
- ❖ We take people out for meals and on shopping trips
- ❖ We have an organist, a pianist, or a singer visit every week
- ❖ We have the local vicar conduct a Communion Service once a month and visits at other times.
- ❖ A group named 'Motivation' attend twice weekly and run motivational activity groups.
- ❖ A lady from an animal charity attends fortnightly with her dog

We run regular events at Christmas, Easter, & at other times including a summer open day fete.



### Quality Assurance

The owners and staff at Westgate House are committed to providing the highest levels of quality care in a homely warm environment. In the quality care we are also committed to protecting and respecting the dignity, self respect, and as far as possible the independence of our residents. Our dedication to providing quality nursing services ensures that Westgate House operates at a consistently high level.

To give credence to our promises of first class care, Westgate House possesses the **Quality Assurance Standard ISO 9002**. We are an Approved Training Centre for the training of NVQ's in Care, and we are also a work experience placement centre for student nurses undergoing training for their Nursing Degree or Dip RN HE.

All of our care staff are encouraged to take up NVQ training up to a minimum of level two and all nurses continue their post qualification education within our Training Centre.

We are registered by CQC (Care Quality Commission). We are members of the RNHA (Registered Nursing Homes Association) a national association committed to ensuring high standards and we

also belong to Classic Homes which is an organisation of 'one off' homes which offer individuality in addition to high standards and value for money.

Our kitchen, which produces nearly all homemade meals, cakes, etc. has been awarded 5 Stars (Excellent) from the local Environmental Health Inspector.

We have also been awarded '4 Roses' (the highest awarded) by Northants County Council for their scheme for improving care standards.

A copy of the latest inspection report for Westgate House carried out by CQC can be found on the CQC website or can be made available upon request.

## Philosophy

At Westgate House we believe that each resident is a unique individual and deserves to be acknowledged as such. The skilled team of nurses and carers identify each residents particular circumstances and work out the most appropriate and effective ways to help residents with any problems.

Flexibility and freedom of choice are the watchwords at Westgate House. A resident here can rest assured that they will be safe and generally cared for and their rights will be protected and encouraged.

Westgate House is committed to 'continuing care' **Care for Life**. This concept permits residents to live at their own pace and to receive graduated levels of care as and when required, from assisted living to total care.

We believe Westgate House offers security and peace of mind not only for residents but for family and caring friends as well. Everything can be provided for residents from laundry to cooking, from home maintenance to home cleanliness. More capable residents may wish to maintain certain responsibilities themselves, this is encouraged and supported.

Westgate House offers **individual care for individual people**.



### Residents Needs

Staff at Westgate House are responsive to residents needs and are motivated to meet those needs with quality care.

#### **Some possible needs that residents may have: -**

- ❖ May require continuous staff supervision to live safely
- ❖ May need help due to lack of manual dexterity
- ❖ May need assistance/supervision with smoking
- ❖ May require safe administration of prescribed medication
- ❖ May require regular treatments by a Registered Nurse
- ❖ May need assistance with eating or drinking
- ❖ May need assistance with mobility



- ❖ May need the assistance of trained staff to aid communication
- ❖ May have behavioural difficulties
- ❖ May be disorientated for time, place or person
- ❖ May need a supportive environment
- ❖ May need help with daily living activities
- ❖ May wander and need room to do this safely
- ❖ May present safety problems



### Fee Structure

Westgate House is committed to providing the highest level of nursing care for older people with mental illness. The following is an indication of our fees, which we believe are a fair reflection of the services provided for this client group. However, if you would like to discuss the fees please contact one of the owners, Jim & Pat Byrom, who live at Westgate House who will be happy to help.

#### **Fees for long stay (following initial assessment)**

Our current fees range from £589.11 per week for '**Personal Care**'. (This gives a total of £700.00 per week with the FNC – see below). This is reviewed at the end of each year and, if altered, will be instigated from the following April. All parties concerned will be informed.

## **FNC ('Funded Nursing Care' (FNC))**

This is an amount paid by the local **PCT (Primary Care Trust)** for the nursing needs of any individual. The current amount that is paid is **£110.89** per week and Westgate House receives this amount direct from the PCT.

## **CHC (Continuing Healthcare) funding**

Should any resident qualify for CHC funding then the **PCT** will fully fund that resident.

## **Those funded by Social Services**

Should a resident be funded by the local authority at their 'expected to pay rate', a 'Third Party Contribution' (Top-up) will be required.

## **Fees for short term stay (Respite Care)**

The fees for Respite care are the same as for long-term care i.e. £700 per week for personal care. In addition Westgate may receive the FNC (see above), in which case the amount of FNC will be deducted from the fees.

Accommodation is confirmed after an initial four-week assessment period to determine the most suitable type of room and care plan for the individual.

**Important note:** Upon the death of a resident their room (or their place in a double room) is not returned to use for a minimum of a four day period, leaving time to grieve and for any personal effects to be collected. If personal effects cannot be collected within a reasonable time please let us know if you require us to hold them for a while.

## **Additional expenses**

Our fees are established to include provision of all essential services and care. They also include toiletries and personal items, alcoholic beverages, chiropody, hairdressing, newspapers, and recreational therapy.

The only individual expenses incurred are for personal clothing (this would include 'glasses' if required) and private telephone line or mobile phone if required. Residents require very little

spending money for their stay at Westgate House. Some residents may require pocket money for outings and day centres.

It is our philosophy to provide the same level of care and attention to all residents, irrespective of their financial status.

Westgate House is happy to accept residents who are part funded through Social Services or the Health Authority and can advise you regarding any entitlement.

We can also provide information about agencies that may offer help and advice.

**Please note:** Essential Services and Care include accommodation, meals, laundry, health & safety care, qualified nursing and personal care.

